

When YOU TAKE A Step

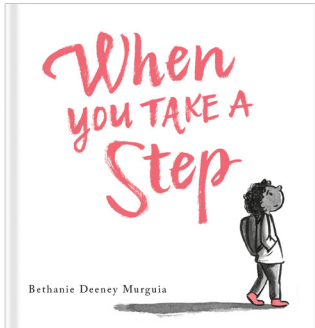
Bethanie Deeney Murguia



Story Time Kit

For Teachers, Parents, Librarians, and Booksellers

About the Book



When You Take a Step
By Bethanie Deeney Murguia
Beach Lane Books
ISBN: 978-1534473676
Age range: preschool-grade 2

Praise for When You Take a Step
“Though the concept is simple—even a single step can empower—it uplifts via Deeney Murguia’s polished execution.”
—*Publisher’s Weekly*

Each step leads to a new discovery in this evocative picture book about how mindfulness, peace, or change could be just around the corner. To take a walk is to begin a journey. It can be an adventure or a chance to let your thoughts roam and be one with nature. It can be a time to reflect on the past or to stand up for a better future. So take a step and see where your journey will lead you!

- *Indie Next List*
- *SIBA Read Next List*

ABOUT THE AUTHOR

Bethanie Murguia earned an MFA in Illustration from the School of Visual Arts. She has created numerous picture books including *We Disagree*, *Zoe Gets Ready*, *I Feel Five*, and *Cockatoo, Too*. She learned to love hiking, roaming, and rambling from the experts: her two dogs.

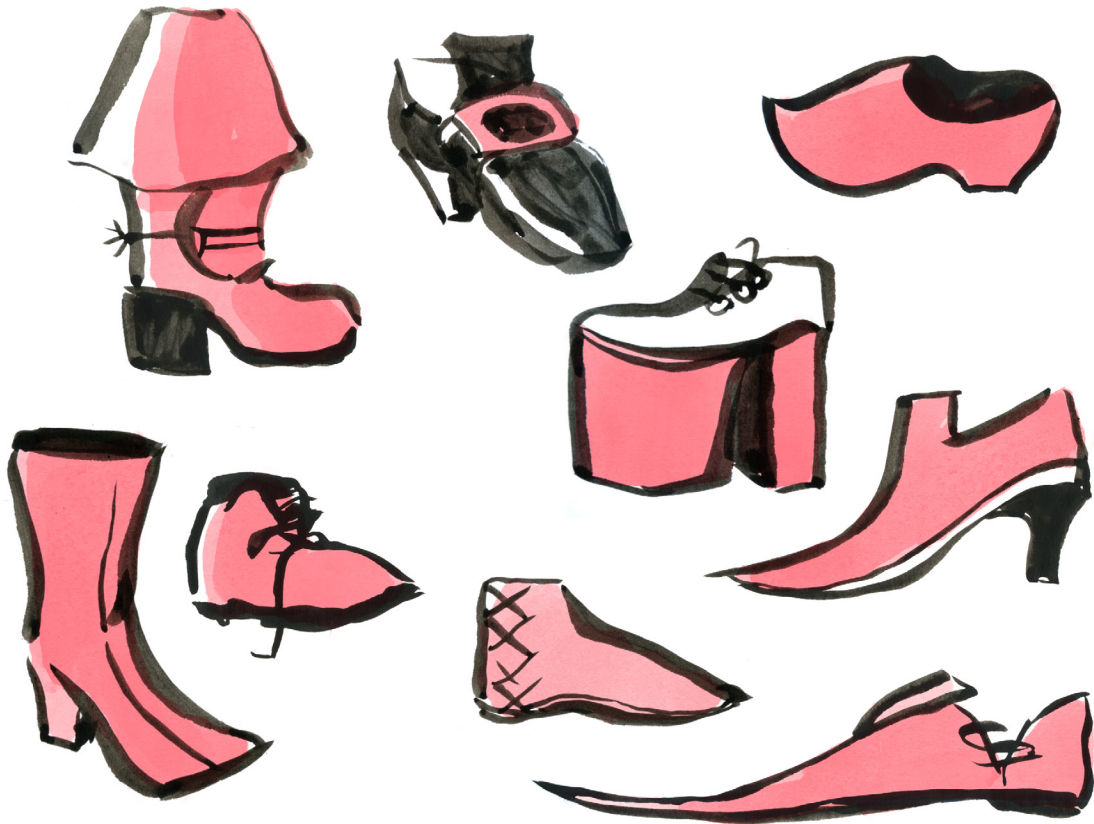




Discussion and Activity Ideas

- 1. Do you have a favorite walk or outing?**
Consider the places you have explored and how they make you feel. How is an outing in a busy, crowded place different than an outing in nature?
- 2. Why do people march?** How is a walk with a big group of people different than walking alone?
- 3. Why do people have parades?** What occasions do people celebrate with parades? Have you participated in a parade?
- 4. Why do you think the jacket (outer cover) and case (interior cover) of the book are different?**
- 5. Why do you think the shoes are colored while the rest of the art is black and white?**
- 6. Look at the words on the end papers.** Discuss or act out the meanings of the various words.
- 7. Draw a map of a favorite outing and the things you see along the way.**





Thinking about Shoes

Activity

Shoe styles continue to evolve. What will shoes of the future look like? Draw your vision for future shoes! The toe shape, heels, and materials are just some of the aspects of shoes you can consider as you create.

Discuss these sayings about feet and shoes.

What do each of them mean?

- Follow in someone's footsteps
- Walk a mile in their shoes
- If the shoe fits, wear it

Fun Facts

- *Shoe sizing in Europe and the US was based on small grains of barley (barleycorns). Three barleycorns equaled one inch.*
- *Shoes have been made out of many materials including feathers and fish skin!*
- *Shoes with rubber soles were invented in the 1800s. They were called "sneaks" because people could walk quietly in them. Over time, "sneaks" became "sneakers".*



Today, I am moving toward

Instructions: Think about what you'd like to move toward. For example, you could choose a place, a feeling, a thing, a favorite person, or a goal. You might choose something large and meaningful or something simple and fun—anything goes!